



Belgian
Association
for
Sleep research
and
Sleep medicine

B
A
S
S

Sleep and Breathing : *Crossroads of Clinical Sciences.*

Spring Meeting 2012



Liège, Crowne Plaza, June 2, 2012

Dear Colleagues, Dear BASS Members,

The Belgian Association for Sleep research and Sleep medicine invites you to its Spring meeting of June 2, 2012, in a magnificent palace, recently restored. This Renaissance patrician residence known as l'Hôtel de Selys-Longchamps - overlooks the ardent city.

For this scientific meeting, the organizers wanted to focus on challenging clinical situations encountered in daily practice of any sleep laboratory. In order to achieve this objective, we asked to opinion leaders and practitioners to contribute to the current debates.

Some questions are for example:

What do we do, when confronted to complaints of chronic fatigue syndrome, associated with many arousals of respiratory origin? Could it be an Upper Airway Resistance Syndrome?

How to manage a mixture of central and obstructive apneas situation, which, likewise, do not respond sufficiently to conventional therapy?

How to optimize treatment with nCPAP over the long haul in OSA?

How could we improve the screening and follow-up of sleep-disordered breathing?

How to detect efforts associated with these disorders?

Which attitude should we adopt for sleep-disordered breathing at both ends of life?

In addition, we will conclude this Spring Meeting day by the General Assembly of the BASS. This is an important moment in the life of our association as the BASS board will probably be soundly renewed. Many young candidates will be present. This will determine the future policy of the BASS, confronted as others to medical and scientific problems of training, education and professional defense, in Belgium as well as in Europe.

Again we invite you warmly in the Ardent City, to address these scientific and practical issues.

**Robert Poirrier
President of the BASS**

Sleep and Breathing : Crossroads of Clinical Sciences

Registration : 09:00

09:20 **Welcome** R. Poirrier, President of the BASS.

09:20-10:00 **Upper Airway Resistance Syndrome, does it still exist after 20 years?** Dirk Pevernagie – University of Ghent & Kempenhaegue's Sleep Center.

10:00-10:40 **Complex Sleep Apnea Syndrome, myth; reality, treatment?**
Robert Poirrier – University Hospital and University of Liège.

Coffee Break: 10:40 – 11:10

11: 10-11:50 **How to improve home therapeutic observance in patients under nCPAP treatment ?** Abou Hamdan Kamal - CHL Luxembourg.

11:50 – 12:30 **Mandible movement study in OSA, screening for breathing effort and breathing arousal.** Gisèle Maury – Mont Godinne Hospital and UCLouvain.

Lunch: 12:30 – 13:40

13:50 – 14:30 **Particularity, specificity and consequence of apnea in children.**
Sonia Scaillet – Hopital Universitaire des Enfants Reine Fabiola. ULB.

14:30 – 15:10 **OSA in the elderly: pathogenesis and specific treatments.**
Daniel Rodenstein - Cliniques universitaires Saint-Luc and UCLouvain.

GENERAL ASSEMBLY OF THE BASS AND ELECTIONS: 15:30 – 16:30

Adjourn and reception

Saturday 2 June 2010



CROWNE PLAZA

Mont Saint-Martin 9-11 à 4000 Liège

BASS SPRING MEETING

Registration online via www.belsleep.org
Before 20 May 2012

Free for BASS members ; 40 € for non members

Accreditation requested

