

## Thursday, June 29 Aging and Sleep 2017, Lyon France

<b>08:00 - 09:15</b>	<b>REGISTRATION</b>	
<b>09:00 - 09:15</b>	<b>OPENING / Mérieux Amphitheater</b>	
<b>09:15 - 10:00</b>	<b>DEVELOPING A PERSONALIZED APPROACH TO SLEEP APNEA / Keynote / Mérieux Amphitheater Allan Pack (USA)</b>	
<b>10:00 - 11:15</b>	<b>CARE OF OLDER ADULTS WITH OBSTRUCTIVE SLEEP APNEA (OSA)/ Symposium/ Mérieux Amphitheater</b>	
	<ul style="list-style-type: none"> <li>• Integration of geriatrics principles into the care of older adults with OSA , Fannie Onen (France)</li> <li>• CPAP treatment adherence in older sleep apnea patients, Nalaka Gooneratne (USA)</li> <li>• Reducing cardiovascular risk through treatment of obstructive sleep apnea, Klar Yaggi (USA)</li> </ul>	
<b>11:15 – 11:30</b>	<b>COFFEE BREAK</b>	
<b>11:30 – 12:45</b>	<b>REDEFINING SEVERE OSA IN OLDER ADULT / Symposium/ Mérieux Amphitheater</b>	
	<ul style="list-style-type: none"> <li>• Going beyond the apnea-hypopnea index in older adult. Hakki Onen (France)</li> <li>• COPD and OSA: a dangerous overlap. Florin Mihaltan (Romania)</li> <li>• Obesity hypoventilation syndrome and OSA : an underestimated risk and opportunity. Patrick Hanly (Canada)</li> </ul>	
<b>12:45-14:00</b>	<b>LUNCH BREAK / POSTER VISIT</b>	
<b>14:00 – 14:45</b>	<b>STROKE AND OBSTRUCTIVE SLEEP APNEA (OSA) / Keynote / Mérieux Amphitheater Klar Yaggi (USA)</b>	
<b>14:45 – 15:45</b>	<b>OBSTRUCTIVE SLEEP APNEA (OSA) AND COMORBID CONDITIONS / Symposium / Mérieux Amphitheater</b>	<b>14 :30 - 15 :45 SOMMEIL ET SOINS / Symposium / Maldiney Amphitheater</b>
	<ul style="list-style-type: none"> <li>• Heart failure with preserved ejection fraction and OSA. Cyril Bergeron (France)</li> <li>• Coronary artery disease and non-sleepy OSA. Yuksel Peker (Turkey)</li> <li>• Kidney disease and OSA. Patrick Hanly (Canada)</li> </ul>	<ul style="list-style-type: none"> <li>• Sommeil en EHPAD et ONSI, Lionel Soyeux</li> <li>• Insomnie et recommandations actuelles, Thierry Montemayor (France)</li> <li>• Les effets des psychotropes sur le sommeil et l'éveil, Thierry Faivre (France)</li> <li>• Zolpidem, nouveau stupéfiant, ancien hypnotique, Pascal Maire (France)</li> </ul>
<b>15:45 – 16:00</b>	<b>COFFEE BREAK</b>	
<b>16:00 – 17:30</b>	<b>SLEEP DISTURBANCES AND BEYOND / Symposium / Mérieux Amphitheater</b>	<b>MALADIES PULMONAIRES ET SOMMEIL / Symposium / Maldiney Amphitheater</b>
	<ul style="list-style-type: none"> <li>• REM-sleep Behavior Disorder - Looking for Parkinson's Sooner. Paul Reading (UK)</li> <li>• Cognitive Impairment Related to Sleep and Sleep Disorders. Michel Miller (UK)</li> <li>• New Approaches to Genetics of Sleep and Its Disorders. Allan Pack (USA)</li> </ul>	<ul style="list-style-type: none"> <li>• Vieillesse respiratoire physiologique et sommeil Francis Martin (France)</li> <li>• Troubles ventilatoires restrictifs et sommeil Thierry Petit-Jean (France)</li> <li>• BPCO, vieillissement et sommeil Franck Soyez (France)</li> <li>• Asthme et sommeil Bernard Pigerias (France)</li> </ul>

**Aging and Sleep International Meeting**  
**Tomorrow's Medicine Today / La Médecine de Demain Aujourd'hui**



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09:00 - 09:45	EFFECTS OF INTERMITTENT HYPOXIA ON THE WHOLE BODY AND CELL LINES / Keynote / Mérieux Amphitheater / Hiroshi Kimura (Japan)	
09:45 – 10:45	<b>HEART AND SLEEP IN OLDER ADULT/ Symposium / Amphitheater</b> <ul style="list-style-type: none"> <li>• Biomarkers of cardiovascular risk in sleep-deprived people. Michelle Miller (UK)</li> <li>• Heart rate variability in normal and pathological sleep. Frederic Roche (France)</li> <li>• Periodic Limb Movements in Sleep and Cardiovascular Risk. Paul Reading (UK)</li> </ul>	
10:45 – 11:15	COFFEE BREAK	
11:15 - 12:15	<b>DYSFUNCTIONAL AUTONOMIC NERVOUS SYSTEM (ANS) ACTIVITY IN SLEEP / Symposium / Mérieux Amphitheater</b> <ul style="list-style-type: none"> <li>• Case-based clinical and polysomnographic review of ANS dysfunction. Celeste Thirlwell (Canada)</li> <li>• Enhancing CBTi treatment with neuroscience based strategies for treatment targeting the underlying ANS dysregulation in sleep disorders of older medical patients. Jaan Reitav (Canada)</li> <li>• Current research in the application of non-invasive neuromodulatory therapies for ANS dysregulation. Diva Miri (Canada)</li> </ul>	<b>SOMMEIL, APNEES et VENTILATION / Symposium / Maldiney Amphitheater</b> <ul style="list-style-type: none"> <li>• Pour quels patients insuffisants cardiaques le traitement par PPC est-il indiqué ? Carole Philippe (France)</li> <li>• Modalités thérapeutiques du syndrome d'obésité-hypoventilation alvéolaire Jean-Christian Borel (France)</li> <li>• Comment choisir le mode de ventilation au cours du sommeil en cas de SAHS associé à une BPCO ? Pascale Nesme (France)</li> </ul>
12:15 – 13:45	LUNCH BREAK / POSTER VISIT	
13:45 -14:30	WAKEFULNESS: MULTIPLE FACETS & BEHAVIOR-DEPENDENT CONTROL / Keynote / Mérieux Amphitheater / Jian-Sheng Lin (France)	
14:30 – 15:30 Mérieux	<b>ASSESSING AND IMPROVING SLEEP IN OLDER ADULT/ Symposium / Mérieux Amphitheater</b> <ul style="list-style-type: none"> <li>• New hypnotics /Orexin receptor antagonists for treatment of insomnia Luc Zimmer (France)</li> <li>• Assessing daytime sleepiness across the life span, New perspectives Karen Spyryt (France)</li> <li>• Complimentary and Alternative Medicine for Sleep Disturbances in Older Adults Nalaka Gooneratne (USA)</li> </ul>	<b>13:45-15:30 ORAL PRESENTATIONS / Maldiney Amphitheater</b> <ul style="list-style-type: none"> <li>• Plainte de sommeil rapportée, Didier Cugy</li> <li>• Kinésithérapie linguale, Georges Bernadat</li> <li>• Age, Obesity and Sleep, Alain Gonfalone</li> <li>• Melissa and insomnia, Lisa Austin</li> <li>• Automated actigraphy, Rosemary Gibson</li> <li>• The Berlin questionnaire, Nikolaus Netzer</li> <li>• Digital Sleep Medicine, Nikolaus Netzer</li> <li>• Sleep environment and insomnia, J.Desaulnier</li> <li>• Nightly Hypoxemia, Linda Rausch</li> </ul>
13:45-15:30 Maldiney		
15:30 – 15:45	COFFEE BREAK	
15:45 – 16:45	<b>AGING AND SLEEP DISRUPTION: NEUROPROTECTIVE AND METABOLIC MECHANISMS/ Symposium / Mérieux Amphitheater</b> <ul style="list-style-type: none"> <li>• Even middle-aged flies struggle with fragmented sleep - role of insulin in neuroprotection. Michael Williams (USA)</li> <li>• Neuroprotective Mechanisms in Sleep and Aging. Jini Naidoo (USA)</li> <li>• Metabolic and behavioral consequences of mTORC2 disruption in the hypothalamus. Joseph Baur (Sweden)</li> </ul>	<b>MALADIES NEUROLOGIQUES ET SOMMEIL / Symposium / Maldiney Amphitheater</b> <ul style="list-style-type: none"> <li>• Parasomnies du sujet âgé. Laure Peter (France)</li> <li>• Epilepsie et sommeil chez le sujet âgé. Cécile Sabourdy (France)</li> <li>• Démences et sommeil. Bernard Croisile (France)</li> </ul>
16:45 – 17:45	<b>BASIC MECHANISMS &amp; CLINICAL PERSPECTIVES IN SLEEP MEDICINE / Symposium / Mérieux Amphitheater</b> <ul style="list-style-type: none"> <li>• Sleep, dream and cognition. Perrine Ruby (France)</li> <li>• Light, circadian rhythms and sleep in older adult. Claude Gronfier (France)</li> <li>• Unanticipated relationships between aging, neurodegenerative processes and sleep/wake networks in Drosophila. Laurent Seugnet (France)</li> </ul>	
17:45 – 18:00	CLOSING Mérieux Amphitheater	